



# Aged Care Volunteer Visitors Scheme



## CONTACT CASS

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## Aged Care Volunteer Visitors Scheme (ACVVS)

aims to support isolated and lonely seniors who are receiving Australian Government-funded aged care services. Volunteers are matched to arrange regular visits, to provide friendship and companionship to our targeted aged people.

### What services can be provided?

Seniors will be matched with volunteers with common languages, hobbies or interests. Long-term friendships can keep seniors active and reduce loneliness. Volunteers will visit seniors at least once a fortnight. They can do the following together:

- Chatting;
- Common interests, such as reading books & news, music, handcrafts, gardening
- Traveling to parks or café (if appropriate)
- Other activities

### Who are volunteers?

Volunteers participate in providing free services. Each volunteer will go through an interview, background scanning and a series of training programs. All volunteers will have the support of a dedicated team. You are welcome to join our volunteer team.

*Funded by the Australian Government.*

### COST

Free

### SERVICE COVERED

Seniors living in the Greater Sydney area; and:

- Residing in Aged Care Homes; or
- Receiving Home Care Package

### LANGUAGES

- Mandarin, Cantonese or some other Chinese
- Korean
- Vietnamese

### ENQUIRY

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# 「老有所伴」 社區探訪計劃



華人服務社

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## 「老有所伴」社區探訪計劃

不少長者缺乏社交而感到孤獨，我們配對義工，安排定期探訪，陪伴長者、建立友誼，為他們提供一個可靠的安全網。

### 具體的服務是什麼？

我們安排共同語言、共同興趣的義工，最少每兩星期探訪長者一次。目的是透過義工和長者之間的長期友誼，令長者保持社交能力，掌握社區資訊，減低孤獨感。義工可以陪伴長者：

- 閒談、聊心事
- 看書、聽音樂、做手作
- 行公園、逛咖啡廳等  
(如活動能力合適)
- 其他沒有風險的活動

### 如何成為義工？

義工自願參加，沒有報酬，屬於義務工作。義工接觸長者前都經過面試、背景審查、培訓等，並由職員管理及統籌，以確保長者得到合適的服務。歡迎有興趣的人士聯絡我們，加入義工團隊。

\*計劃由澳洲聯邦政府資助。



費用  
全免

### 對象

定居於大悉尼地區的長者，並且：

- 入住養老院；或
- 獲取居家護理計劃

### 語言

- 普通話、廣東話、  
其他中文方言
- 韓語
- 越南語

### 聯絡及查詢

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